Plants for Honey Bees in the North Carolina Piedmont



Alamance County Beekeepers March 20, 2024



Plants for Honey Bees

- ✓ What do honey bees forage for?
- √ Honey Bee Vision
- √ Importance of bees as pollinators
- ✓ Parts of a Flower
- ✓ Bee forage regions of North America and Eco-Regions of NC
- ✓ Nectar Sources Lists
- √ Floral Fidelity
- ✓ Photos of the NC Piedmont Primary Nectar and Pollen Plants
- ✓ Secondary Nectar and Pollen Supportive Plants
- ✓ Reference Materials

What Do Honey Bees Forage For?

- ✓ Water
- ✓ Pollen Source of Protein (along with amino acids, lipids, and minerals)
- ✓ Nectar Source of Carbohydrates
- √ Resins and saps
- ✓ Honeydew

Water

- √ Hydration
- √ Keeping the hive cool during hot weather (evaporative cooling)
- √ Thinning and de-crystallizing honey

Pollen

- Bee field gathered
- Primary food source
 - 40-60% Simple sugars
 - 20-60% Proteins
 - 3% Minerals
 - 3% Vitamins
 - 1-32% Fatty acids
- Stored in brood cells, mixed with saliva and sealed with a drop of honey. (Bee bread)

Nectar

The importance of *pollen* to bees as a *protein* source goes hand in hand with *nectar* as the primary *carbohydrate* source to bees from a multitude of flower producing plants.

Resins and Saps

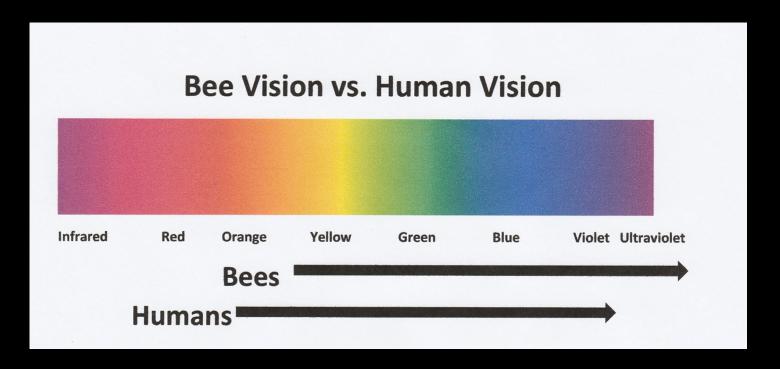
- ✓ Collected from around the leaf buds
- ✓ Resin exuded to protect the young leaves from fungi and other diseases
- ✓ Combined with wax to make propolis (bee glue)

Honeydew

- ✓ Insect secretions from Aphids
- ✓ Aphids gather nectar from flowers, leaves and tree buds
- √ "Honeydew honey"
- ✓ Rich in enzymes and minerals

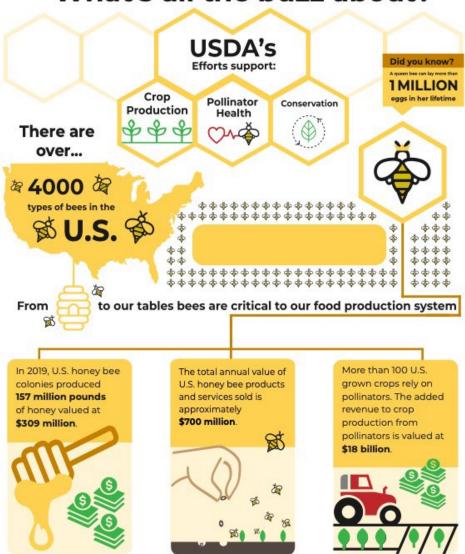
Honey Bee Vision

- ✓ Bees have a 280 degree field of vision (humans have 180 degrees)
- ✓ Very good at distinquishing light and dark, which helps them to see edges, helping them identify different shapes
- ✓ Many flowers have distinctive ultraviolet color patterns ("landing zones") which point them to the part of the flower containing pollen and nectar





What's all the buzz about?



Peach Blossom Pollination (?)



European Honey Bee (Apis mellifera)

CALIFORNIA GROWS NEARLY 80% OF THE WORLD'S ALMONDS



Almonds (*Prunus amygdalus*) A tree native to Iran

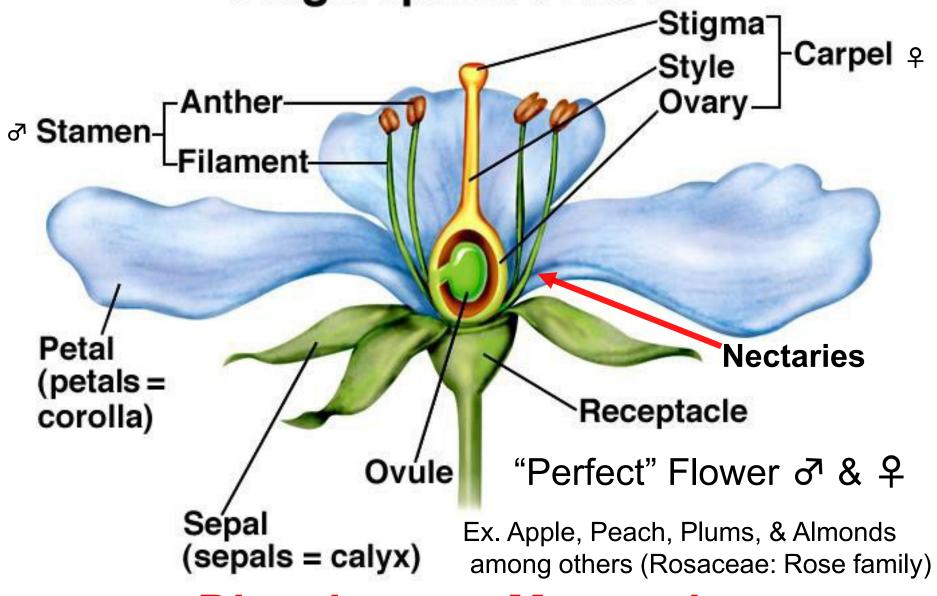




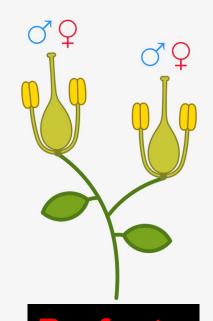




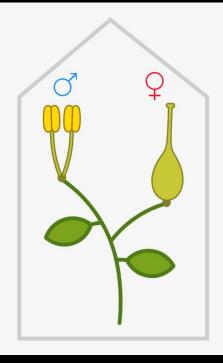
Angiosperm Flower

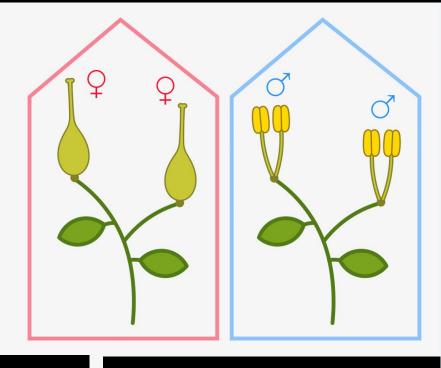


Dioecious vs Monoecious









Monoecious (one house)

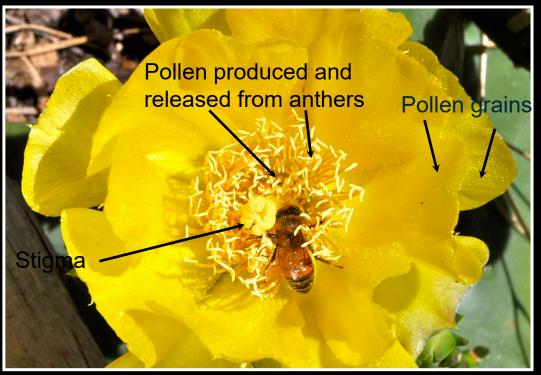
Dioecious (double house)

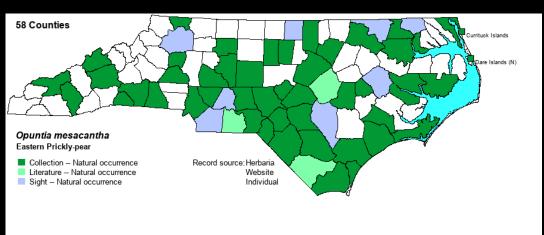
- Red Bud
- Almonds
- Cherry
- Plum
- Cherry
- Apple
- Pear

- Hazelnut
- Oak
- Pine
- Cedar
- Sweetgum
- Birch
- Corn
- Squash

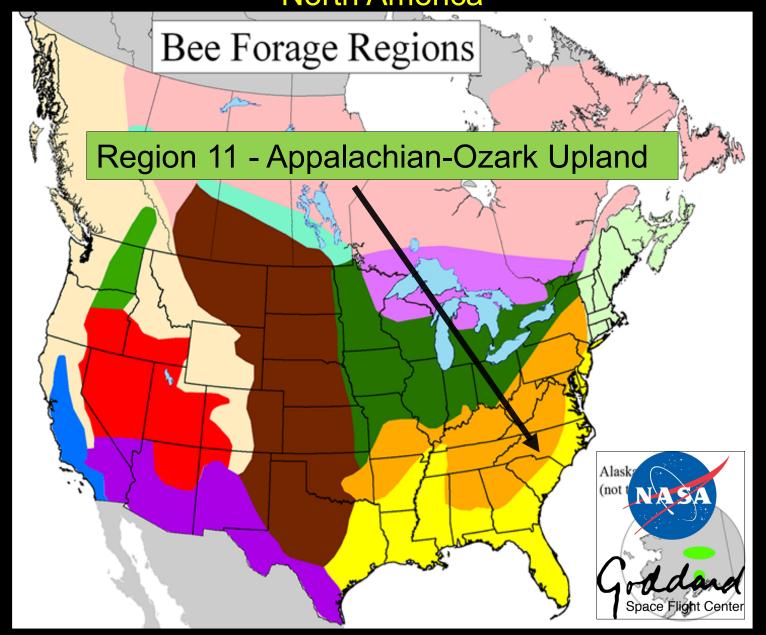
- Red Maple
- Willow
- Ash
- Holly
- Spicebush
- Persimmon
- Mulberry

Eastern Prickly-pear Cactus

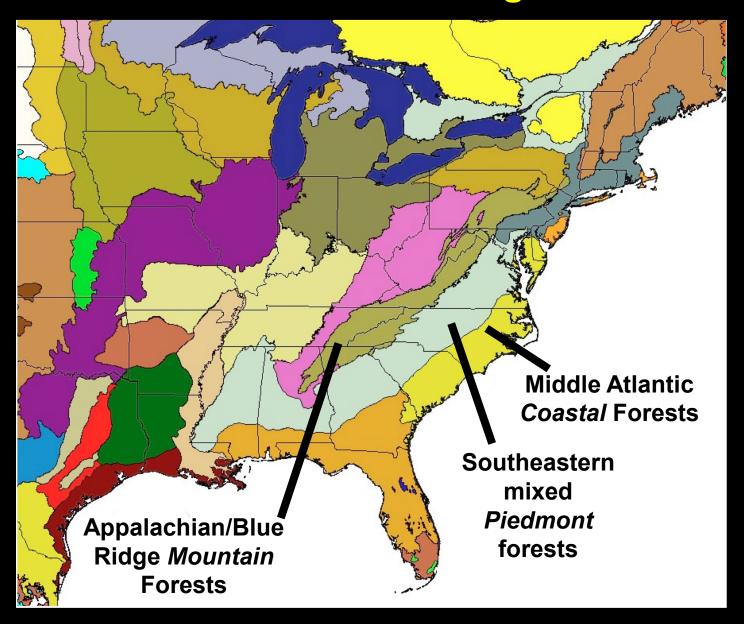




14 Regions of the Ayers and Harman honey bee forage map for North America



Three North American Eco-regions of NC





Honey Bee Forage Species within Region 11 for the State of NC

USDA code	Family	Latin Name	Common Name	Plant Type	Begin Bloom Month	End Bloom Month	Sig
STELL	Caryolphyllaceae	Stellaria	Chickweed, stitchwort	F	1	12	N
TAOFC	Asteraceae	Taraxacum	Dandelion, blow-balls	F	2	10	N
VACCI	Ericaceae	Vaccinium	Blueberry, huckleberry	SDB	2	6	N
ACER	Aceraceae	Acer	maple	TDB	2	6	N
ALNUS	Betulaceae	Alnus Mill.	Alder	TDB	2	5	N
PRUNU	Rosaceae	Prunus	Plum (cultivated)	С	3	5	N
VICIA	Fabaceae	Vicia	Vetch, tare	F	3	10	N
RUBUS	Rosaceae	Rubus	Blackberry	S. C	3	6	Y
RUBUS	Rosaceae	Rubus	Blackberry	S, C	3	6	N
CERCI2	Fabaceae	Cercis	Redbud, judas tree	TDB	3	5	N
MALUS	Rosaceae	Malus	Apple	TDB	3	5	N
SALIX	Salicaceae	Salix	Willow, osier	TDB	3	6	N
PRAV	Rosaceae	Prunus	Cherry (cultivated)	TDB.C	3	5	N
ILEX	Aquifoliaceae	llex	Holly, yaupon	TEB	3	6	Y
FRAGA	Rosaceae	Fragaria ananassa	Strawberry	F	4	5	N
MELIL	Fabaceae	Melilotus	Sweet clover (white/yellow)	F	4	10	N
TRHY	Fabaceae	Trifolium hybridum	Alsike clover	F	4	9	N
TRIN3						7	
TRPR2	Fabaceae	Trifolium incarnatum	Crimson / Italian clover	F	4		N
	Fabaceae	Trifolium pratense	Red clover	F	4	9	N
TRRE3	Fabaceae	Trifolium repens	White, dutch clover	F	4	10	N
SALVI	Lamiaceae	Salvia	Sage, romona	F, C	4	6	N
LIGUS2	Oleaceae	Ligustrum	Privet, hedge plant	S	4	7	N
RIBES	Saxifragaceae	Ribes	Currant	SDB	4	6	N
AESCU	Hippocastanaceae	Aesculus	Buckeyes and horse chestnuts	TDB	4	6	N
GLTR	Fabaceae	Gleditsia triacanthos	Honey and sweet locust, honeyshuck	TDB	4	6	N
LITU	Magnoliaceae	Liriodendron tulipifera	Tulip tree, poplar, whitewood	TDB	4	6	Υ
PRAV	Rosaceae	Prunus	Cherry (uncultivated)	TDB	4	5	N
QUERC	Fagaceae	Quercus	Oak	TDB	4	5	N
ROPS	Fabaceae	Robinia pseudoacacia	Black locust, false acacia, yellow locust	TDB	4	6	Υ
SAMBU	Caprifoliaceae	Sambucus	Elderberry, elder	TDB, S	4	7	N
LONIC	Caprifoliceae	Lonicera	honeysuckle	V	4	9	N
CILAL	Cucurbitaceae	Citrullus lanatus	watermelon	С	5	8	N
CUCUR	Cucurbitaceae	Cucurbita L.	Pumpkin, squash, gourd	С	5	9	N
CUME	Cucurbitaceae	Cucumis melo	Cantaloupe, muskmelon, casaba,	С	5	8	N
ASCLE	Asclepiadaceae	Asclepias	Milkweed, butterfly flower	F	5	9	N
BAVU	Brassicaaceae	Barbarea vulgaris	Yellow rocket, winter cress	F	5	6	N
HELEN	Asteraceae	Helenium	Bitterweed, sneezeweed	F	5	10	N
MONAR	Lamiaceae	Monarda	Horsemint, wild bergamot, bee-balm	F	5	9	N
POLYG4	Polygonaceae	Polygonum	Smartweed, knotweed, fleece flower	F	5	11	N
FAES2	Polygonaceae	Fagopyrum esculentum	Buckwheat, brank	F. C	5	10	N
RHUS	Anacardiaceae	Rhus	Sumac, sugar bush, lemonade berry	S	5	8	N
DIVI5	Ebenaceae	Diospyros virginiana	Persimmon, possumwood, date plum	TDB	5	6	N
TILIA	Tiliaceae	Tilia	Basswood, lime tree, whitewood	TDB	5	7	Y
CUSA4	Cucurbitaceae	Cucumis sativus	cucumber	C	6	9	N
ZEMAM2	Poaceae	Zea mays	Corn, maize	C	6	9	N
ASTER	Asteraceae	Aster	Aster	F	6	11	Υ
BIDEN	Asteraceae	Bidens	Spanish needles, beggar-ticks, bur marigold, stick-tights, pitchforks, tickseed	F	6	10	N
CIRSI	Asteraceae	Cirsium	Thistles	F	6	10	N
EUPEP	Asteraceae	Eupatorium	Boneset, joe-pye weed	F	6	10	N
HELIA3	Asteraceae	Helianthus	Sunflower	F	6	10	N
LYSA2	Lythraceae	Lythrum salicaria	Loosestrife, purple loosestrife	F	6	9	N
OXAR	Ericaceae	Oxydendrum arboreum	Sourwood, sorrel tree, titi	TDB	6	7	Υ
VIUN	Fabaceae	Vigna unguiculata	Cowpea, black-eyed pea	С	7	8	N
AGAST	Lamiaceae	Agastache	Anise hyssop, blue hyssop	F	7	9	N
SOLID	Asteraceae	Solidago	Goldenrod	F	7	11	Y

Significant Nectar Sources Region 11 **North Carolina**

- Blackberry (Rubus)
- Holly (*Ilex*)
- Tulip Tree (Liriodendron)
- Black Locust (Robinia)
- Basswood (Tilia)
- Aster (Aster)
- Sourwood (Oxydendrum)
- Goldenrod (Solidago)

https://honeybeenet.gsfc.nasa.gov/

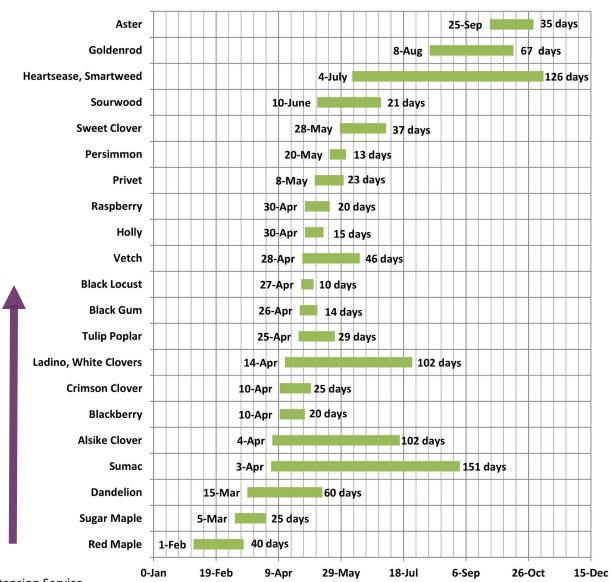
North Carolina Pollen & Nectar Plants



https://www.ncbeekeepers.org/resources/flowering-plants

Piedmont Region		Average Piedmont Bloom Period			Pollen
Plant Name	Scientific Name	<u>Starts</u>	<u>Days</u>	<u>Ends</u>	
Red Maple	Acer rubrum	1-Feb	40	12-Mar	C0B095
Sugar Maple	Acer saccharum	5-Mar	25	30-Mar	DAF7A6
Dandelion	Taraxacum officinale	15-Mar	60	14-May	F29D4B
Sumac	Rhus spp.	3-Apr	151	1-Sep	F6BB43
Alsike Clover	Trifolium hybridum	4-Apr	102	15-Jul	
Blackberry	Rubus spp.	10-Apr	20	30-Apr	D3D3D3
Crimson Clover	Trifolium incarnatum	10-Apr	25	5-May	
Ladino, White Clover	Trifolium repens	14-Apr	102	25-Jul	859D6C
Tulip Poplar	Liriodendrum tulipifera	25-Apr	29	24-May	FCF3CF
Black Gum	Nyssa sylvatica	26-Apr	14	10-May	F7DC6F
Black Locust	Robinia pseudoacacia	27-Apr	10	7-May	DAF7A6
Vetch	Vicia spp.	28-Apr	46	13-Jun	
Holly	Ilex spp.	30-Apr	15	15-May	F7DC6F
Raspberry	Rubus spp.	30-Apr	20	20-May	DCDCDC
Privet	Ligustrum spp.	8-May	23	31-May	DAF7A6
Persimmon	Diospyros virginiana	20-May	13	2-Jun	FAD749
Sweet Clover	Melilotus spp.	28-May	37	4-Jul	
Sourwood	Oxydendrum arboreum	10-Jun	20	30-Jun	FCF3CF
Heartsease, Smartweed, Knotweed	Polygonum spp.	4-Jul	126	7-Nov	FCF3CF
Goldenrod	Solidago spp.	8-Aug	67	14-Oct	FAD749
Aster	Aster spp.	25-Sep	35	30-Oct	F8CD76

Piedmont North Carolina Nectar Plants

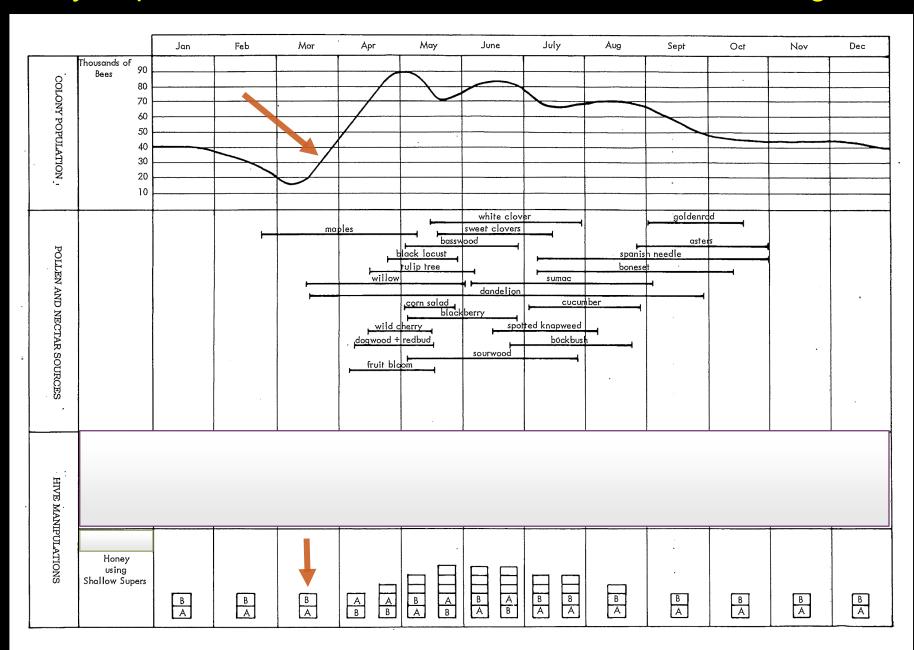


N.C. Cooperative Extension Service
Honey Plants of North Carolina
prepared by: J. Ambrose; revised by S. Bambara

Source:

Updated 2/20/2019-GLL

Colony Population, Pollen & Nectar Sources, & Hive Configuration



Floral Fidelity/ Floral Constancy

- √ Honey Bees are polylectic (visit many different types of flowers)
- √ Visit only one type of flower on any given foraging trip (floral fidelity)
- ✓ Will visit the same type of flower all day, if enough available
- ✓ Allows for production of varietal kinds of honey (Sourwood, etc.)

Common Blue Violet

(Viola sororia)

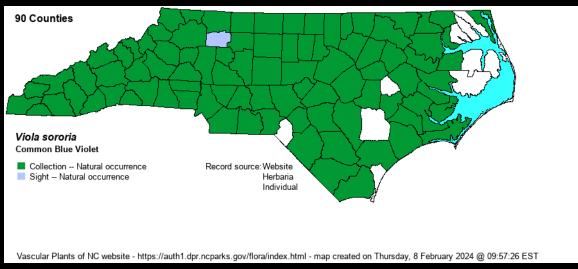
Pollen Color:

FCF3CF

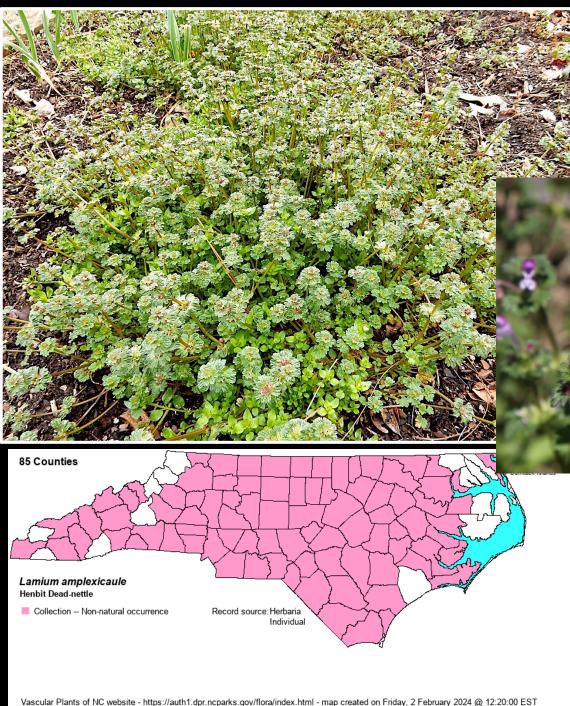
Light grayish yellow

Minor Nectar & Pollen Source





11 Native and 1 Non-native species of Violets in Alamance County



Henbit Deadnettle

(Lamium amplexicaule)

Bruce Sorrie

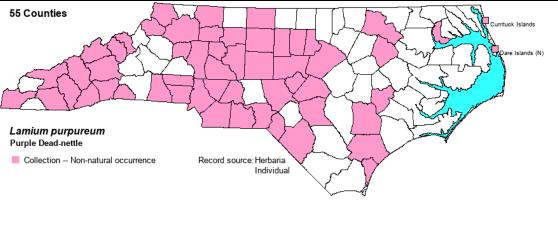
Purple Dead-nettle

(Lamium purpureum)









Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Sunday, 4 February 2024 @ 09:45:51 EST

Flowering begins in February and March

Piedmont Region	Average F	Average Piedmont Bloom Period			
Plant Name	Scientific Name	<u>Starts</u>	<u>Days</u>	<u>Ends</u>	
Red Maple	Acer rubrum	1-Feb	40	12-Mar	C0B095
Sugar Maple	Acer saccharum	5-Mar	25	30-Mar	DAF7A6
Dandelion	Taraxacum officinale	15-Mar	60	14-May	F29D4B

Mike Connor: Bees and Trees on YouTube

Mike Connor, arborist, nursery grower and beekeeper talks about the importance of trees for all pollinators in this full-length presentation, "Bees and Trees", at the 2015 Heartland Apicultural Society annual conference.

Red Maple

(Acer rubrum L. var. rubrum)

Feb 1 – Mar 12 (40 days)

Pollen Source: Good

Nectar Source: Major

Pollen Color: grey brown

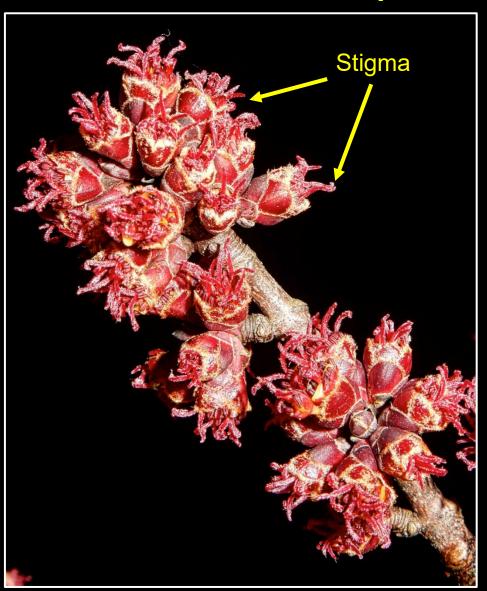
grey brown

Trees are dioecious



Red Maple during February

Female Red Maple Flowers





Developing paired samaras (winged fruit)

Dioecious female flower cluster

Male Red Maple Flowers





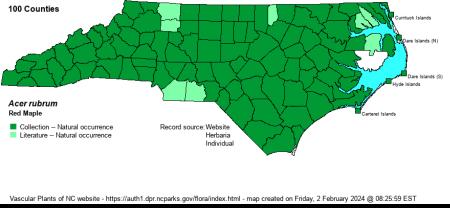
Mature dioecious male flower cluster

Young dioecious male flower cluster

Native Red Maple







Red Maple during autumn

Florida maple (Acer floridanum)

Alternate name: Southern Sugar Maple

Mar 5 – Mar 30 (25 days)

Pollen Color light yellow

Major Nectar & Pollen Source



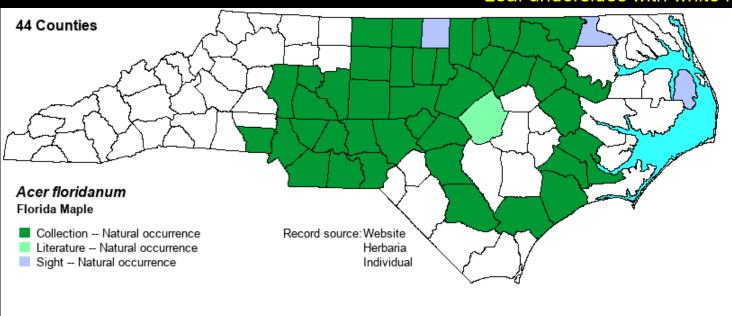


Florida Maple Leaf Characteristics

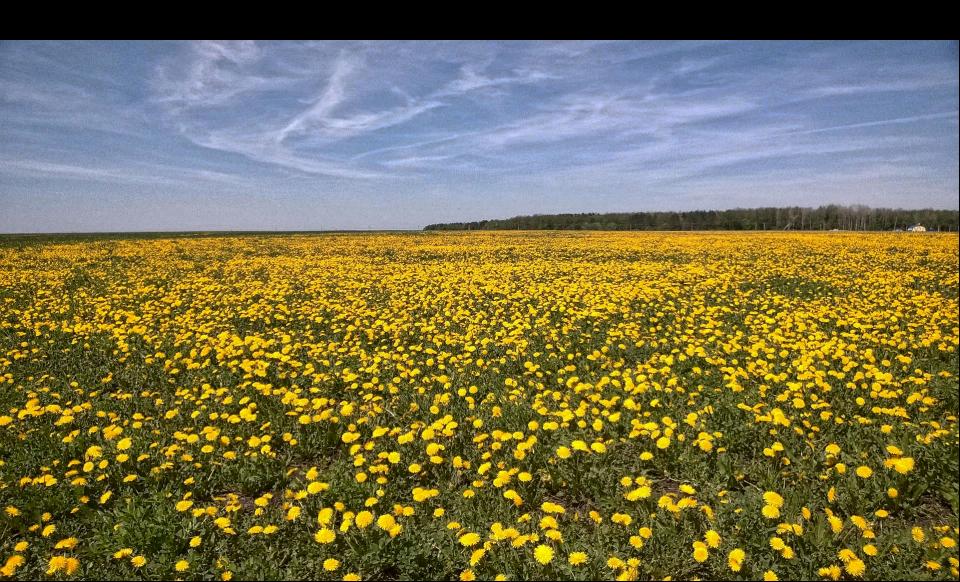




Leaf undersides with white hairs



Dandelion (Taraxacum officinale)



Dandelion (Taraxacum officinale)

Mar 15 – May 14 (60 days)



Major Nectar & pollen source

Honey is deep yellow will granulate quickly; mostly consumed by bees doing brood rearing.



Photo taken near Uppsala, Sweden



Flower is composed of many ray florets in this member of Asteraceae family

Common Dandelion (Taraxacum officinale)







Pappus hairs

Pollen Color:

F29D4B

Soft Orange

Eastern Redbud (Cercis canadensis L.)

Alternate names: Redbud, Judas tree

March 10 – April 10 (32- days)

Minor Nectar & Pollen source during Brood-rearing.

Pollen Color: White





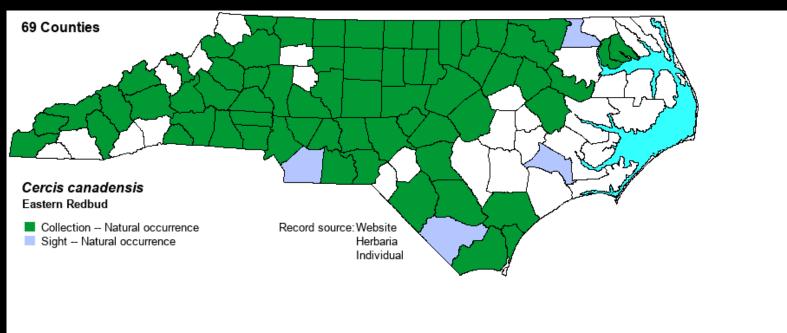
Leaves are alternate, simple, cordate in shape.



Flowers
appearing in
clusters all
along even
older stems.
(Cauliflory)



Pea-like flowers



Black Willow (Salix nigra) (dioecious)

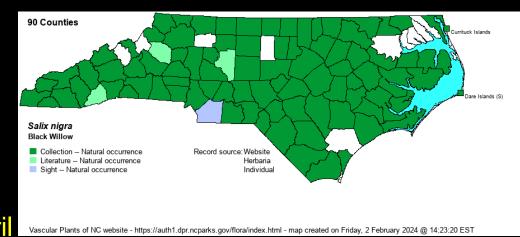






Nectar & Pollen source

Late March early April

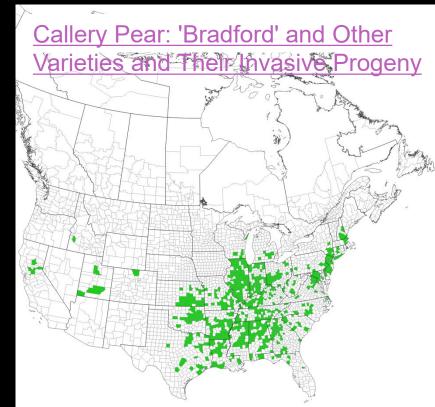


Male and female catkins on separate plants

Callery Pear (Pyrus calleryana 'Bradford')



- ✓ Unpleasant Odor
- ✓ Listed as Rank 1 Exotic, Invasive Species (Severe Threat) in NC
- ✓ Brittle and splits
- ✓ Attractive to pollinators to the detriment of native plants such as Hawthorne and Seviceberry (reduced pollination and declining populations)
- ✓ NC Bradford Pear Bounty replace with native: Red Maple, Flowering Dogwood, Redbud





Flowering begins in April

Sumac	Rhus spp.	3-Apr	151	1-Sep	F6BB43
Alsike Clover	Trifolium hybridum	4-Apr	102	15-Jul	
Blackberry	Rubus spp.	10-Apr	20	30-Apr	D3D3D3
Crimson Clover	Trifolium incarnatum	10-Apr	25	5-May	
Ladino, White Clover	Trifolium repens	14-Apr	102	25-Jul	859D6C
Tulip Poplar	Liriodendrum tulipifera	25-Apr	29	24-May	FCF3CF
Black Gum	Nyssa sylvatica	26-Apr	14	10-May	F7DC6F
Black Locust	Robinia pseudoacacia	27-Apr	10	7-May	DAF7A6
Vetch	Vicia spp.	28-Apr	46	13-Jun	
Holly	Ilex spp.	30-Apr	15	15-May	F7DC6F
Raspberry	Rubus spp.	30-Apr	20	20-May	DCDCDC

Winged Sumac (Rhus copallinum L. var. copallinum)

Alternate name: Shining sumac, Dwarf sumac

April 3 – Sept 1 (151 days)

Pollen Color:

F6BB43

Bright Orange



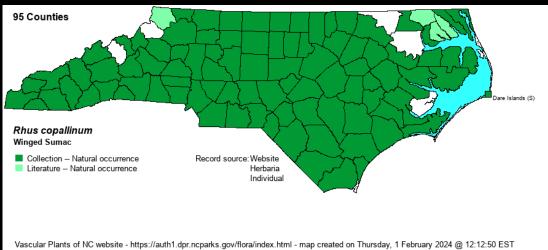
Nectar & Pollen source: Major

Winged Sumac: Flowers & Fruits





Plant monoecious; flowers on terminal stalk



Fruit is a drupe (fleshy & one seeded)

Smooth Sumac (Rhus glabra L.)

April 3 – Sept 1 (151 days)

Pollen Color



Bright Orange



Pinnately compound leaf composed of 11-31 toothed leaflets.

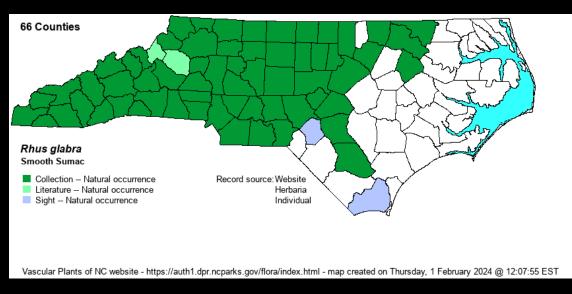
Major Nectar & Pollen Source

Smooth Sumac: Flowers & Fruits





Plant dioecious; small, with pale yellow petals.



Fruit is a drupe; arranged on a panicle (highly branched)

Pennsylvania Blackberry (Rubus pensilvanicus)

April 10 – April 30 (20 days)

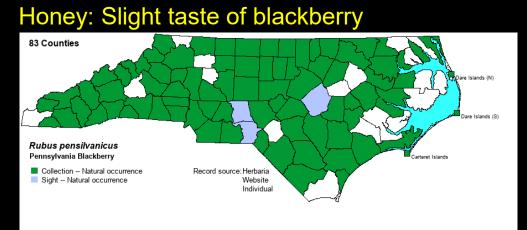


Pollen Color:

D3D3D3

Light Grey





Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Thursday, 1 February 2024 @ 12:03:21 EST



Fruit "berries" are actually aggregate drupelets

White Clover (Trifolium repens) Not Native!

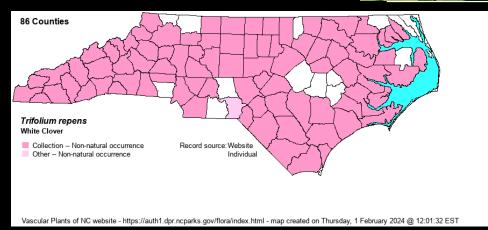
Family: Fabaceae

April 14 – July 25 (102 days)

Pollen Color: caledonian brown

Major Nectar & Pollen Source





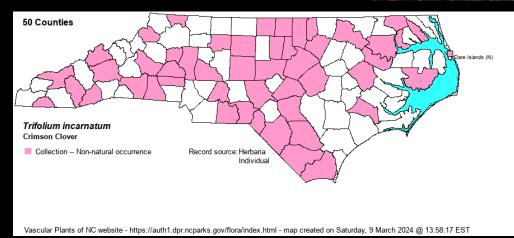
Crimson Clover (Trifolium incarnatum) Not Native!

Family: Fabaceae

April - May

Nectar & Pollen Source





Harnett County Pollinator Meadow Crimson Clover and Toadflax



Harnett County Pollinator Meadow Buckwheat and Zinnias



Harnett County Pollinator Meadow Zinnias and Cosmos



Tuliptree (Liriodendron tulipifera)

Alternate Names: Yellow-poplar, Tulip-poplar, and the wood simply "poplar"

Magnolia family

April 25 – May 24 (29-day)

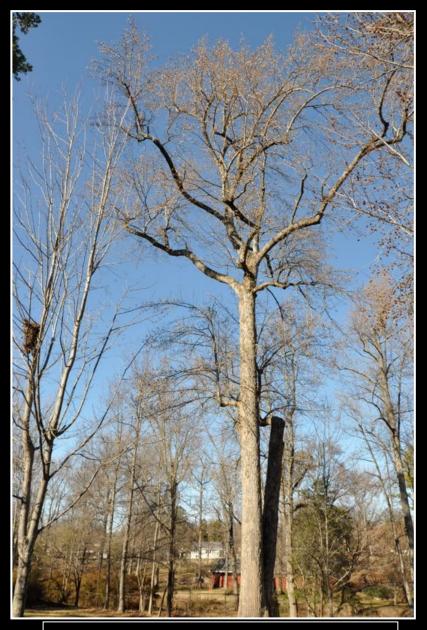
Pollen Color: Cream

cream

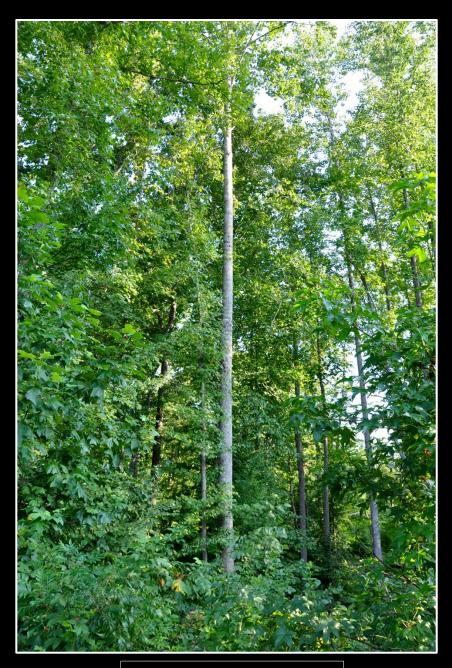
Monofloral Honey: Dark amber or black, when held to the light may appear reddish.

Nectar Source: Major Pollen Source: Good





Tuliptree in Burlington City Park in January



Tuliptree in August

Tuliptree: Mature Aggregate Fruits





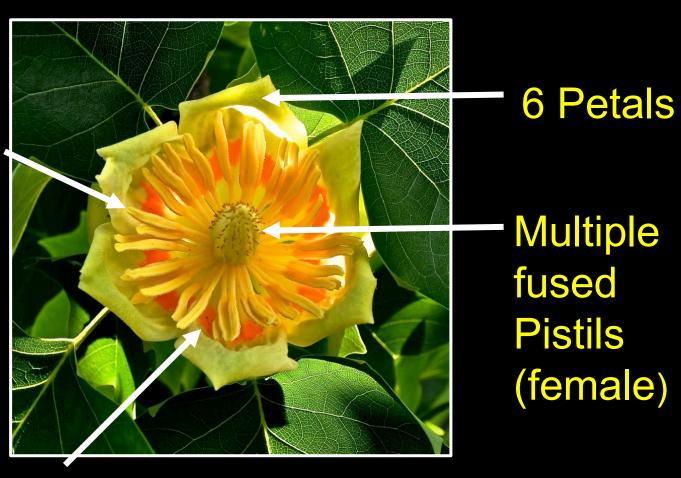
University of Tennessee Herbarium B. Eugene Wofford



Tuliptree in Burlington City Park January 2012

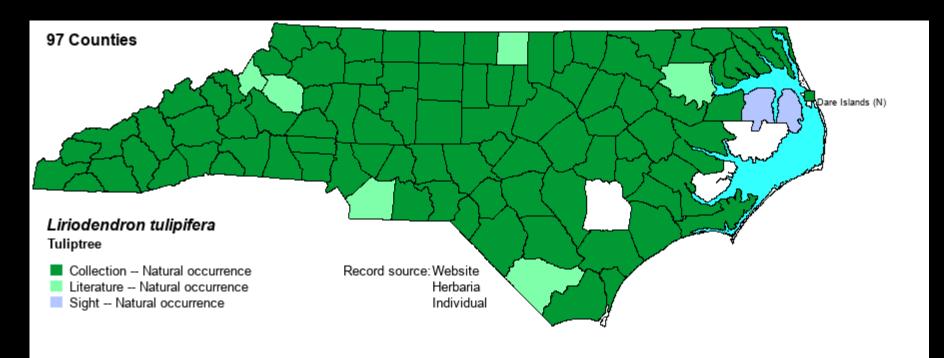
Tuliptree Flower

Stamens (male)



Nectaries





Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Thursday, 1 February 2024 @ 11:58:48 EST

Blackgum (Nyssa sylvatica Marsh.)

Alternate Names: Black Gum; Black tupelo; Sour gum

April 26 – May 10 (14 days)

Nectar & Pollen source

Pollen Color:

F7DC6F

Soft Yellow



Blackgum flowers & fruits





Plants dioecious; not showy, light green in color, in clusters hanging from slender stalk.



Fruit is dark, purplish blue drupe, when mature, 1/2 inch long, with a fleshy coating

Black Locust (Robinia pseudoacacia)

April 27 – May 7 (10 days)

Nectar & Pollen Source: Major

Pollen Color

DAF7A6

Very Soft Green



Black Locust



Plant monoecious; perfect, showy and fragrant, white, 1 inch long and pea-like.



Fruit is a flattened legume pod

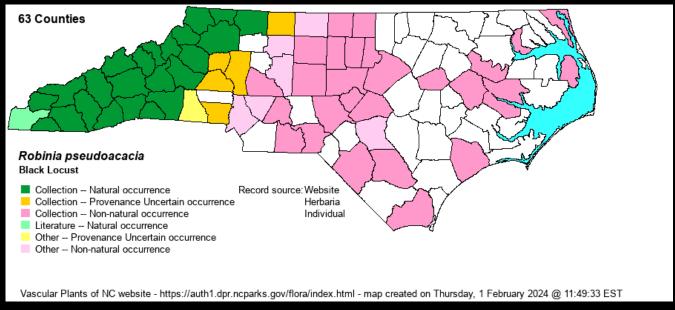


Not recommended for climbing

Black Locust

Leaves are alternate, pinnately compound, with 7 to 19 leaflets





Vetch (Vicia spp.)

April 28 – June 13

(46-Days)





American Holly (Ilex opaca var. opaca)

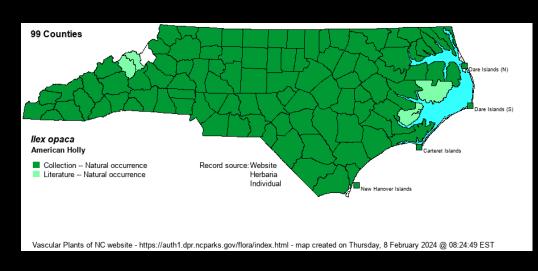
Alternate name: Christmas Holly

May 12 – June 9 (15-days)

Pollen & nectar source

Plants are evergreen & dioecious

Honey: Very dark amber, overpowering flavor





Pollen Color:



Soft Yellow

American Holly



Female flowers





Fruit is a shiny, berry-like drupe

Flowering begins in May & June

Privet	Ligustrum spp.	8-May	23	31-May	DAF7A6
Persimmon	Diospyros virginiana	20-May	13	2-Jun	FAD749
Sweet Clover	Melilotus spp.	28-May	37	4-Jul	
Sourwood	Oxydendrum arboreum	10-Jun	20	30-Jun	FCF3CF

Chinese Privet (Ligustrum sinense)

May 8 – May 31 (23-days)

Native of China

Pollen Color:

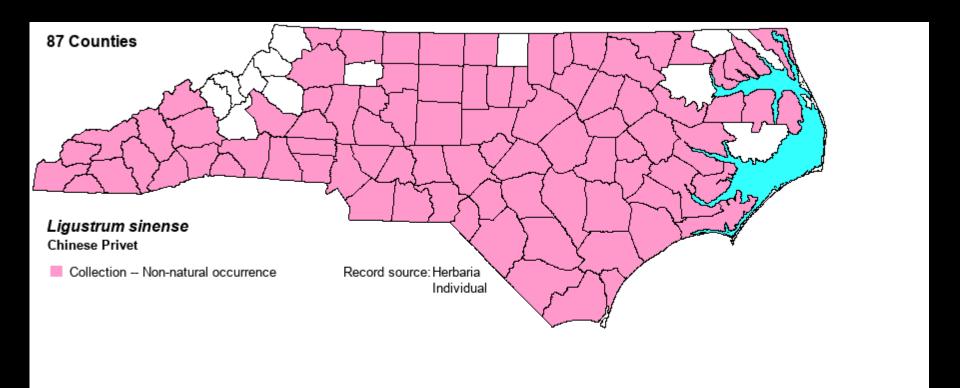
DAF7A6

Very Soft Green





Major Source of Nectar & Pollen



Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Thursday, 8 February 2024 @ 08:45:34 EST

Rank 1 Invasive Species in NC (Severe Threat)

American Persimmon (Diospyros

virginiana L.)

Alternate Names: Persimmon, Common Persimmon, Eastern persimmon, possumwood

May 30 – June 2 (13 days)

Pollen Color FAD749

Bright Yellow

Nectar and Pollen Source: Minor

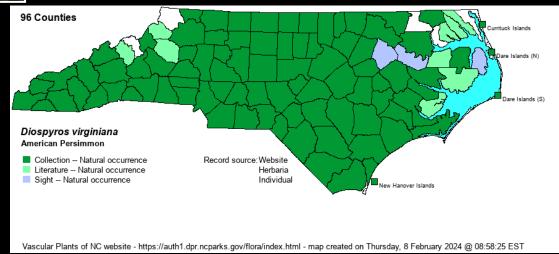


Persimmon Fruit

Fruit is plum-like berry; Fleshy, with one or more Seeds.







Native Persimmon Trees are Dioecious



Male flowers solitary and urn-shaped



Female flowers solitary and urn-shaped

White Sweet Clover

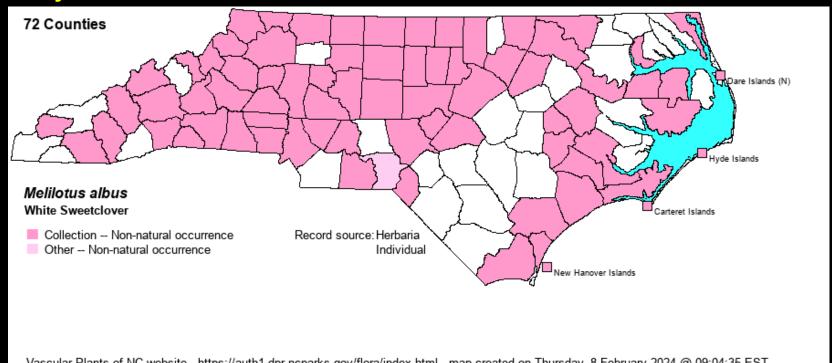
(Melilotus albus)

Native of Eurasia

May 29 – July 4 (37-days)

Major Nectar & Pollen Source





Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Thursday, 8 February 2024 @ 09:04:35 EST

Rank 3 Invasive Species (Lesser Threat)

Tuliptree and Sourwood



Sourwood (Oxydendrum arboreum (L.) DC.

Alternate Name: Sorrel tree
Only true tree in the Ericaceae
family

June 10 - June 30 (20 days)

Pollen Color:

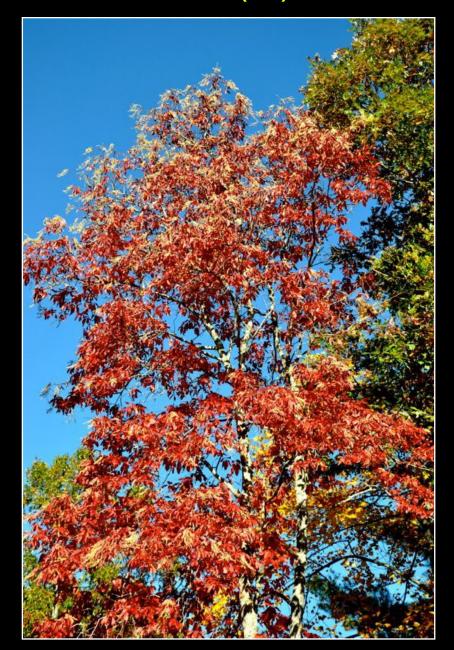
FCF3CF

Light grayish yellow

Monofloral Honey:

Straw colored

Nectar Source: Major Pollen Source: Minor



NC Arboretum Asheville October

Sourwood

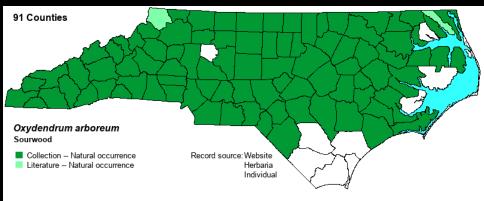


Sourwood



Fruit is a capsule (October)





Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Thursday, 8 February 2024 @ 09:14:48 EST

Melissopalynology: The study and identification of pollen grains in honey, especially as a means of quality control.





JonahAnimal™ Honey DNA Kit

Honey, bee pollen



Quantify the plants that bees pollinate.

Good for honey or bee pollen.



Honey/Pollen Sample Pricing

\$ 94/sample

• Sequence for plant DNA

• Good for any pollinator

• Barcoded sample vials provided

• 10-point quality control

• Full bioinformatics

• 1-year storage of raw data

Jonah Ventures
5485 Conestoga Ct #210,
Boulder, CO 80301
(720) 515-6624
email: info@jonahventures.com

Collection and Identification of Pollen from Honey Bee Colonies

Discover the plants honey bees are visiting

- Next Generation Sequencing for pollen identification in honey and pollen samples.
- Sequence the plant DNA in these samples to determine country of origin, truth in labeling, forensics, pollen and health, research, and beekeeper education.

Deliverables

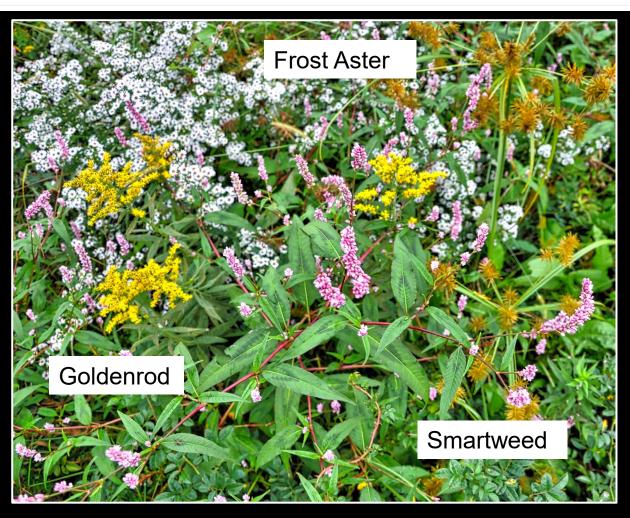
ESV	Family	Genus	Species	%match	# Species	Sequence	S10001.1	\$10001.2	S10003.1	S10003.2
ESV_000080	Fagaceae	Quercus	NA	100	7	AAAAAG	3066	1340	5780	3462
ESV_000818	Fabaceae	Trifolium	Trifolium pratense	100	1	AAAAAG	0	2582	249	0
ESV_000006	Poaceae	NA	NA	100	77	GAAAAG	584	101	0	1039
ESV_000050	Poaceae	NA	NA	100	12	GAAAAG	1328	0	0	0
ESV_000308	Asteraceae	Leucanthemum	Leucanthemum vulgare	100	2	AAAAAG	902	0	0	278
ESV_000027	Lamiaceae	Monarda	Monarda fistulosa	100	1	ATAAAG	341	124	282	381
ESV_000520	Nymphaeaceae	Nymphaea	Nymphaea odorata	99	1	AAAAAG	126	0	0	994

Honey/Pollen Identification Report

Our pollen identification report includes the DNA sequences we detected, the species they match to, the % match, and the frequency of the sequence, which can be translated into relative abundance.

Flowering begins in July, August, & September

Heartsease, Smartweed, Knotweed	Polygonum spp.	4-Jul	126	7-Nov	FCF3CF
Goldenrod	Solidago spp.	8-Aug	67	14-Oct	FAD749
Aster	Aster spp.	25-Sep	35	30-Oct	F8CD76



Pennsylvania Smartweed (Persicaria pensylvanica)



July 4 -Nov 7 (126-days)

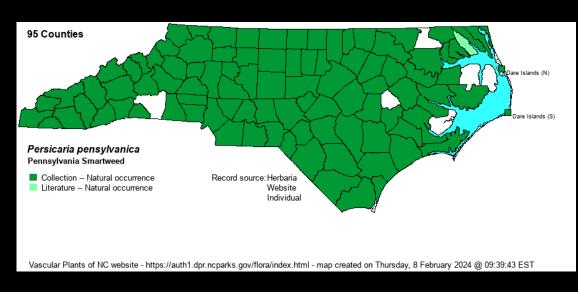
Pennsylvania Smartweed (Persicaria pensylvanica)

Major Nectar & Pollen Source

Pollen Color:

FCF3CF

Light grayish yellow



6 Native and 2 Non-native species of Persicaria in Alamance County



Member of buckwheat family (Polygonaceae)

Goldenrod (Solidago spp.)

Aug 8 – Oct 14 (67 days)

Yellow (light yellow)

FAD749





Common along NC



County Distribution Goldenrod

Honey: Amber, but has rank odor

Rough-Leaved Goldenrod (Solidago rugosa)



Rough-Leaved Goldenrod (Solidago rugosa 'Fireworks') Asteraceae



Allergy Sufferers?



- * Butterfly food for 18 species
- * Nectar & Pollen source:
 - * Honey Bees
 - * Bumblebees
 - * Native Bees
 - * Butterflies
 - * Wasps
- * Moth caterpillars
- * Seeds eaten by birds

Ragweed vs. Goldenrod



Tall Goldenrod (Solidago altissima)







Pollinator Plants for Your Garden



Silverleaf mountain mint Pycnanthemum incanum Perennial Summer 2018 NC Bee Buzz - Spring 2022

Anise Hyssop (Agastache foeniculum) Cuckoo-Leafcutter bee



- ✓ Mint family (Lamiaceae)
- ✓ Native: Northern North America
- ✓ Bloom: June to September
- ✓ Sun: Full sun to part shade
- ✓ Attracts: native bees, honey bees, wasps, butterflies, hummingbirds
- ✓ Deer Resistant

Anise Hyssop (Agastache foeniculum)





Slender Mountain Mint (Pycnanthemum tenuifolium)



Bloom Time: June to August

Sun: Full sun to part shade

Attracts: native bees, honey bees, wasps

79 Counties

Pycnanthemum tenuifolium
Slender Mountain-mint
Collection -- Natural occurrence
Sight -- Natural occurrence
Individual

Vascular Plants of NC website -- https://auth1.dpr.ncparks.gov/flora/index.html -- map created on Friday, 16 February 2024 @ 10:12:57 EST

Type: Herbaceous perennial

Family: Lamiaceae (Mints)

Native Range: Eastern and Central US and Eastern Canada

Zone: 4 to 8

Mountain Mint (Pycnanthemum muticum)



Black-eyed Susan (Rudbeckia hirta)

✓ Asteraceae Family

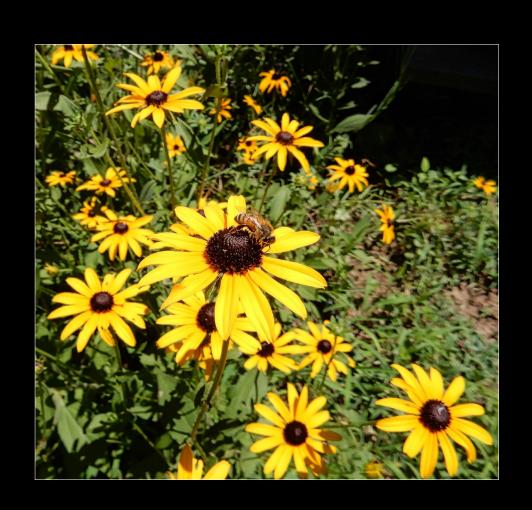
✓ Native: Most of US

✓Blooms: May – July

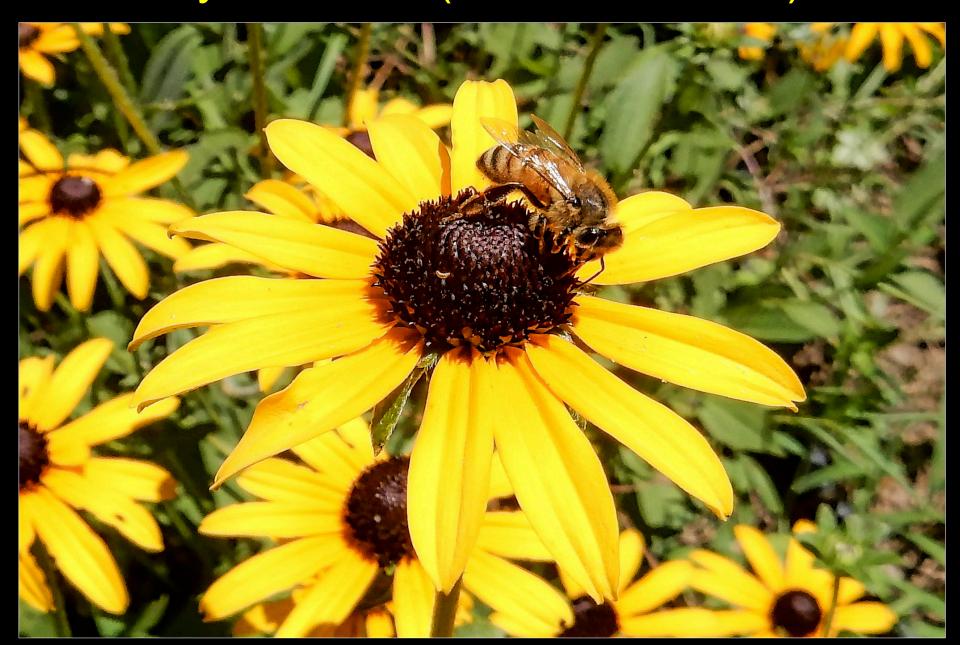
√Full Sun

✓ Nectar & Pollen

Attracts: honey bees, native bees, wasps, & hover flies



Black-eyed Susan (Rudbeckia hirta)

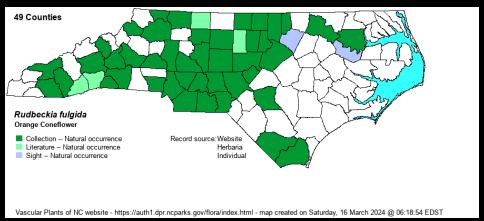


Orange Coneflower (Rudbeckia fulgida)

- ✓ Asteraceae Family
- √Blooms: Aug Oct
- ✓ Full Sun
- ✓ Nectar & Pollen
- ✓ Perennial

Attracts: honey bees, native bees, wasps, & hover flies





Climbing Aster (Ampelaster carolinianus)

✓ Native SE US (only Bladen county in NC)

√ Blooms: Sept-Nov

✓ Full Sun

✓ Nectar & Pollen: Bees, Bumblebees.





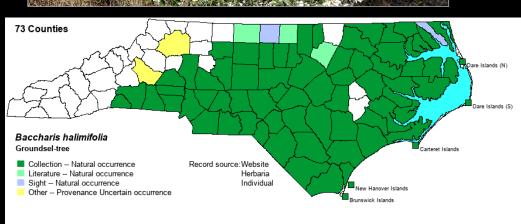
Groundsel-tree (Baccharis halimifolia L.)

Alternate names: Groundsel-bush, Sea Myrtle, Eastern Baccharis





Male flowers with abundant nectar





Female Flowers

Downy Serviceberry (Amelanchier arborea 'Autumn Brilliance')





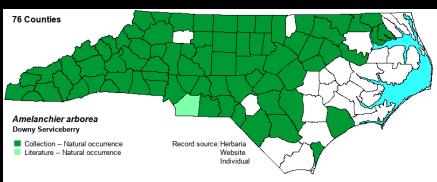
Alternate Names: Juneberry or Shadbush





Blooms March to May

Member of the Rose Family



Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Saturday, 16 March 2024 @ 06:43:30 EDST

Coastal Sweet Pepperbush (Clethra alnifolia)



Sweet Pepperbush or Summersweet





Eaten by mammals, bees, butterflies & other

insects

* Racemes of spicily sweet fragrant white flowers appear in summer

Sweet Pepperbush (Clethra alnifolia 'Ruby Spice')







Seeds eaten by birds & mammals. Nectar & pollen source of bees, butterflies & other insects

Cross Vine (Bignonia capreolata)



Cross Vine (Bignonia capreolata)





Benefits: Woody vine; fence rows; eaten by mammals & nectar food source of Hummingbirds, bumblebees, honey bees



Cross Vine Flower



Coral Honeysuckle (Lonicera sempervirens)



Coral Honeysuckle (Lonicera sempervirens)



- √ Height: 15-25 feet
- √ Foliage: Sun to partial shade
- ✓ Larva food for spring azure butterflies;
- √ Flowers attracts:
- √ Hummingbirds
- ✓ Bees
- √ Butterflies;
- √ Fruit eaten by birds

Wild Bergamot or Bee Balm

(Monarda fistulosa L) Mint Family



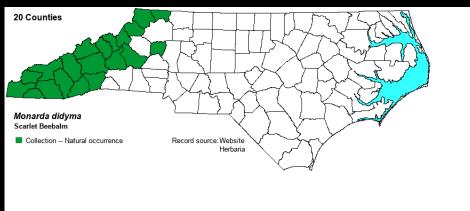


* Also Benefits:
Hummingbirds,
Native bees,
Bumblebees,
Honey Bees

Bee Balm (Monarda didyma)







Vascular Plants of NC website - https://auth1.dpr.ncparks.gov/flora/index.html - map created on Tuesday, 19 March 2024 @ 17:12:59 EDST

Dotted Horsemint (Monarda punctata)



Type: Herbaceous perennial

Family: Lamiaceae

Native Range: United States

Zone: 3 to 8

Bloom Time: June to July

Sun: Full sun to part shade

Attracts: native bees, honey bees, wasps

Great Blue Lobelia (Lobelia siphilitica)

Alternate name: Blue

Cardinal Flower

- ✓ Campanulaceae (Bellflower)
- ✓ Native: Eastern North America
- ✓Blooms: July-Sept
- √Full Sun-part shade
- ✓ Nectar & Pollen Attracts hummingbirds, butterflies, native insect pollinators, Bumblebees, honey bees



White Wood-aster





* Also Benefits:
Native Bees,
Bumblebees,
Honey Bees &
Food for 19
species of
Butterflies

Rose Vervain (Glandularia canadensis 'Homestead Purple')



Hummingbird clearwing moth (*Hemaris thysbe*) nectaring on Rose Vervain (also known as Verbena)



- * Hummingbirds
- * Butterfly food: 9 species
- Nectar source:

 Bees, Honey Bees,
 Bumblebees,
 moths

Eastern Joe Pye Weed (Eupatorium dubium 'Gateway')





- * Food Source for 9 Butterfly species
- * Honey Bees
- * Native Bees
- * Bumblebees



Compact Purple Coneflower (*Echinacea purpurea* 'Kim's Knee-High')









- * Nectar source:
 Honey Bees,
 Native Bees,
 Bumblebees
- * Seed: Finches



American Witch Hazel (Hamamelis virginiana)

- ✓ Hamamelidaceae
- ✓ Native: Eastern N. Am.
- ✓Blooms: Oct Dec
- ✓ Full Sun
- ✓ Nectar & Pollen: Honey bees, bumblebees, carpenter bees



Plants toxic to honey bees



Carolina Jessamine (Gelsemium sempervirens)

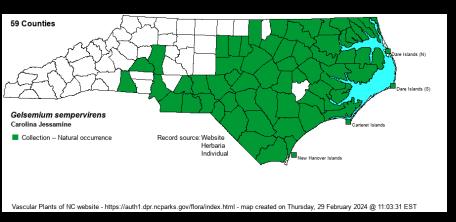
Carolina Jessamine (Gelsemium sempervirens)



Vine



Carolina Jessamine





Double-flowered cultivar that stays in bloom longer than the species. Bees avoid.

Carolina Jessamine 'Pride of Augusta'

Titi or Leatherwood (Cyrilla racemiflora)



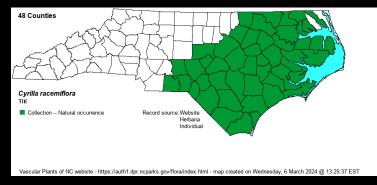
Shrub



Titi or Leatherwood







Seed Capsules

Rhododendron (Azalea is a subgenus)

Rhododendrons and Azaleas



Both are included in the Rhododendron family. Rhododendron is a genus (group) of plants with common characteristics, whilst azaleas are a sub-group within this genus, rather than being a genus of their own.







With Hummingbird Clearwing moth

Butterfly pollinated Southern Pinxter Azalea

Plant a pollinator garden

- √ Choose plants native to the region; natives will
 flourish without pesticides and fertilizers, which can
 be harmful to bees.
- ✓ Due to the diversity of pollinator types, choose nectar-rich and pollen-rich flowers with a range of shapes, size and colors. 'Generalist' pollinators can utilize a wide variety of flowers, whereas 'specialists' need a specific diet and may only be able to feed from one or two types of plants. To attract the most diversity of pollinators, choose plants such as Joe Pyes, goldenrods and milkweeds.

Plant a pollinator garden

- ✓ Avoid modern hybrids, as many have been manipulated for larger blooms/greater color and have lost their ability to produce nectar and pollen. Additionally, during the breeding process, some flowers may become so complex that pollinators can't locate the nectar.
- √ Have several different plants in bloom from early spring through late fall. Some pollinators may appear in the spring, while others don't appear until mid-summer. Overlapping bloom times will ensure pollinators always have something nutritious.

Plant a pollinator garden

- ✓ Plant in drifts. When purchasing plants, try to get at least three or more of one kind and plant them near one another; pollinators are more likely to find them this way.
- ✓ Avoid landscape fabric and mulch. Instead, plants of varying heights planted close together will form a weed barrier much stronger than a bed of mulch.
- ✓ Save perennial garden cleanup for spring, as pollinators overwinter in different life stages. Some may attach to plants or overwinter in leaf litter, while others may overwinter in hollow stems. To protect overwintering pollinators, don't cut down perennial gardens until early April, keeping beds of leaves intact through the winter.

ACB Pollinator Garden

Cane Creek Mountains Natural Area

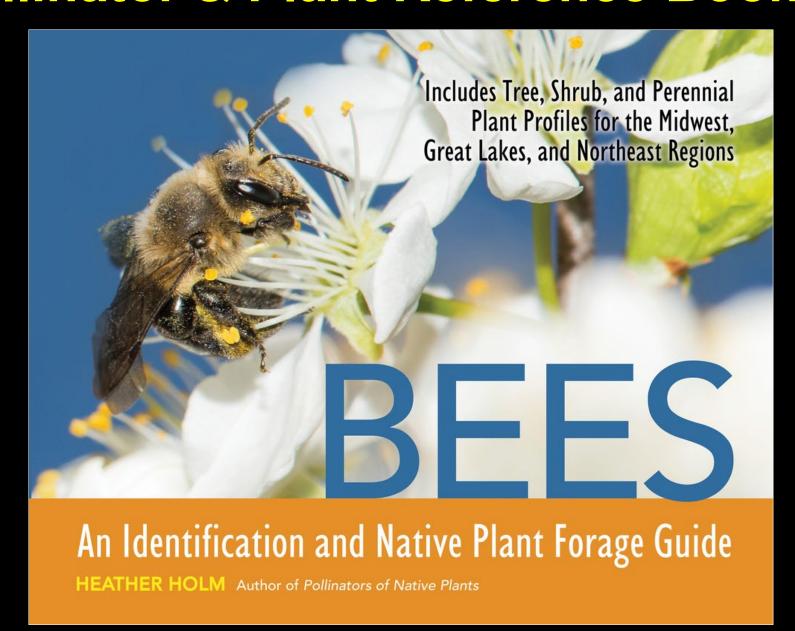


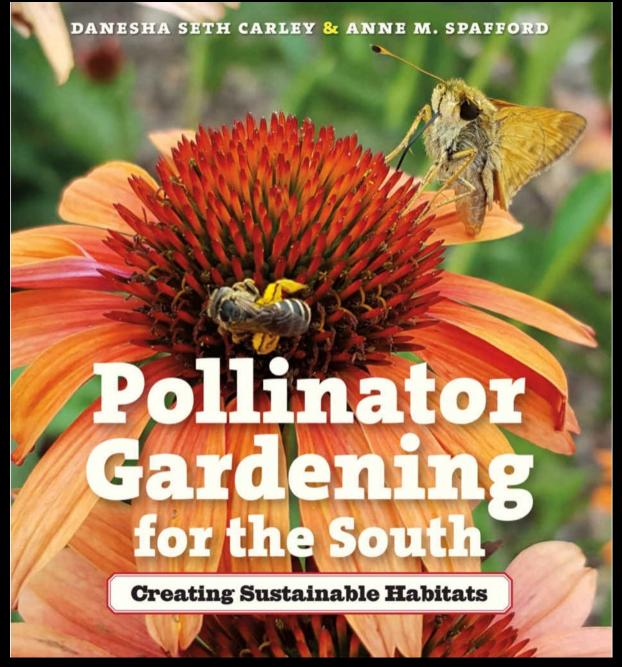
ACB Pollinator Garden

Cane Creek Mountains Natural Area



Pollinator & Plant Reference Books



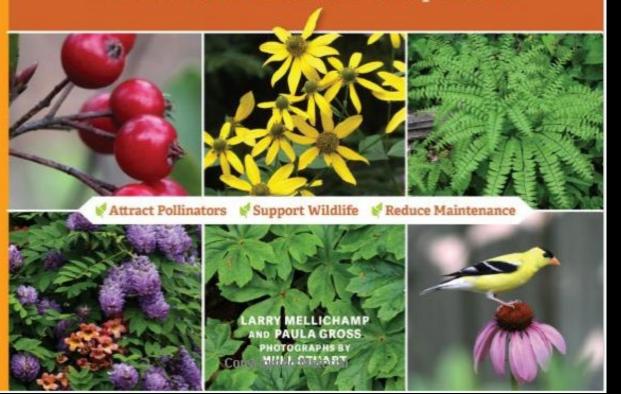


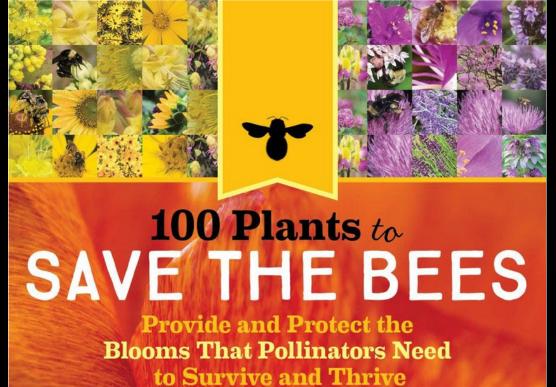
Both are associate professors of horticultural science at NC State University

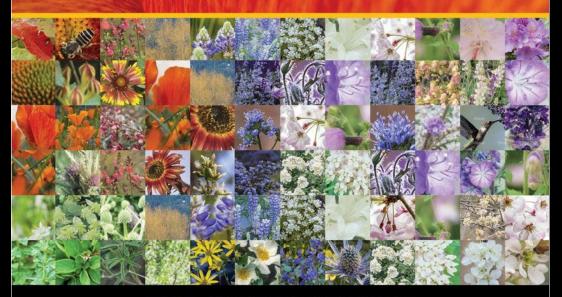


THE SOUTHEAST Native Plant Primer

225 Plants for an Earth-Friendly Garden







THE XERCES SOCIETY

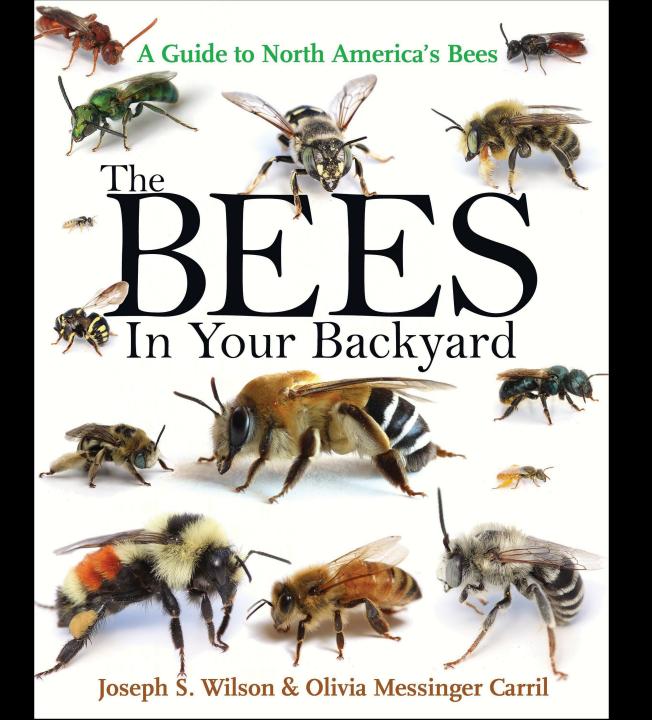


POLLINATORS OF NATIVE PLANTS

Attract, Observe and Identify Pollinators and Beneficial Insects with Native Plants



Heather Holm



QUESTIONS?

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